

# 2010 SUMMER SWIM PROGRAM

Arcadia High School Pools, 180 Campus Drive, 626.445.3105

**POOLS OPEN JUNE 12 - AUGUST 22**

Park along Duarte Road or in AHS Student Parking Lot.

## Recreation Swimming



**\$1 per child, \$2 per adult. Check at pool for discount family swim plan.**

Monday through Friday: . . . . . 12 noon-3pm

Saturday, Sunday and July 4 . . . . . 1-5pm

Tuesday and Thursday Nights: . . . . . 6:30-8:30pm



**Verification of birth year is required at time of registration.**

## Swimming Lessons

**Classes meet Monday through Friday for 2 weeks: \$40, 10 Lessons**

**Please note: All lesson fees must be paid by credit card or check, no cash accepted.**

Session I June 14 - June 25

Session II June 28 - July 9

Session III July 12 - July 23

Session IV July 26 - August 6

Session V August 9 - August 20

**Times:** 9:20-10am

10-10:40am

10:40-11:20am

11:20am-12 noon

3-3:40pm

3:40-4:20pm

4:20-5pm

Levels 1 - 6 (Beginning, Advanced Beginner, Intermediate and Swimmers) are offered at all class times.

All Swim Lessons are Red Cross certified; cards issued upon successful completion.

### Mask, Snorkel and Fins Instruction

\$40, 10 lessons. Recommended Age: 10 - 16 years. Monday - Friday, 11:20am-12 noon

Session I . . . . . June 14 - June 25

Session II . . . . . June 28 - July 9

### Red Cross Community Water Safety/Lifesaving

\$40, 10 lessons. Recommended Age: 11 and above. Monday through Friday, 10:40am-12 noon

Session III . . . . . July 12 - July 23

Session IV . . . . . July 26 - August 6

## Registration for Lessons

Registration for Session I only begins at the Recreation and Community Services Office.

Resident registration begins: 7am, Friday, June 4 • Non-resident registration begins: June 7.

Registration for all other sessions will be taken at the AHS pool; register at pool starting at 7:00 a.m. on the following Mondays:

**Session II - June 21 • Session III - July 5 • Session IV - July 19 • Session V - August 2**

***The first day of registration for each session will be limited to Arcadia residents only.***

***Non-residents can register starting the second day.***

**Swimming registrations require separate checks. Please do not include with other registrations.**

Minimum Age, 6 years old. Swimming registration must be done in person.

Parents may only sign up their own children for swimming classes.

## Competitive Swimming for ages 7 - 17



Competitive swimming for ages 7 - 17, June 14 - August 20, 2010 at Arcadia High School pool. New swimmers may tryout any weekday between 5:30-7:30pm. To tryout, the swimmer should be in a swimsuit; they will be asked to swim a few laps so to be placed in one of the skill levels. Practices are held Monday - Friday. Lower Level swimmers meet 5-6pm while more advanced levels train 6-7:30pm. Divisions are based on age and ability level. Swim meets are approximately once or twice a month, year-round, on the weekends. All meets are in the greater Los Angeles area. Parent participation is encouraged. For Riptide membership fee, USA Swimming fee, monthly training fee, and any questions, please e-mail swimcoach2009@aim.com or visit the Arcadia High School pool office between 5-7pm weekdays.